

# Bartitsu! *The Martial Art of Sherlock Holmes*

with Allen Reed

April 17, 2010 9am - 5pm

\$50 until April 10; \$75 thereafter and at the door

*Lunch included*

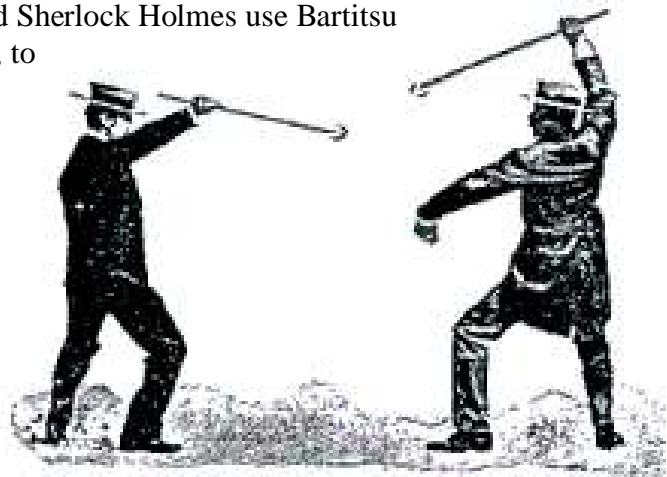
River Valley Complex, 605 S. Main St., Leaf River IL

In 1898, the New Art of Self Defence called Bartitsu was introduced to England by Edward William Barton-Wright. Bartitsu was a combination of savate, jiu-jitsu, pugilism, and walking stick fighting. Barton-Wright developed Bartitsu to defeat the fearsome street gangs of Edwardian London.

By combining Asian and European fighting styles, Bartitsu may well have been the first Mixed Martial Art. Conan Doyle had Sherlock Holmes use Bartitsu against Professor Moriarty, his mortal enemy, to throw him from the top of Reichenbach waterfall.

This class will provide a practical beginning in this historical system, as well as how to use it for modern self defense.

**REQUIREMENTS:** Participants should wear comfortable workout clothes, and should bring a sturdy walking stick, cane or 3/4"-1" diameter dowel rod of about 36" long. Gallowglass Academy requires groin protection for men, and recommends it for women.



Gallowglass Academy, Inc.

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